

autumn in abundance

More than 30 fresh, locally-grown fruits and vegetables have already begun blossoming in Arizona this fall. Here's a peek at what possibilities await your dinner table this season!



arugula



black-eyed peas



pears



basil



tomatoes



zucchini



beets



bok choy



figs



spinach



carrots



turnips



dates



zucchini blossoms

ARIZONA

WHAT'S IN SEASON?

fall favorites



chiles



corn



apples



key limes



potatoes



pumpkins



winter squash



broccoli



cabbage



lettuce



shelling beans



summer squash



radishes



green beans



okra



sweet peppers



scallions



find a list of local farms and farmer's markets at www.fillyourplate.org