

WHAT'S IN SEASON?



PRODUCE in PRODUCTION

Winter weather may limit farming in other states, but in Arizona, we're always producing! The Arizona Farm Bureau made this chart to show when our produce is growing so that Arizonans don't ever miss out.

DECEMBER

- clementines
- carrots
- lemons
- brussel sprouts
- herbs
- radishes
- rutabagas
- turnips
- spinach
- bok choy
- grapefruit
- parsnips
- beets
- lettuce
- leeks
- sweet potatoes
- greens
- broccoli
- kohlrabi

JANUARY

- celery
- celery root
- cabbage



FEBRUARY

- garlic
- strawberries



MARCH

- zucchini blossoms
- asparagus



find your local farmers @ www.fillyourplate.org